#### **WHO WE ARE**

LAOH Juniors are Irish-American Catholic girls between the ages of 6 and 18 who are interested in their Irish heritage and who want to make a difference.

The "Juniors" are affiliated with the Ladies Ancient Order of Hibernians (LAOH), a national organization of Irish Catholic Women.

The LAOH offers Junior Divisions for girls who are Irish by birth, adoption or descent.

Parent or Guardian membership in the LAOH or AOH is not required.











# WHAT DO JUNIORS DO?

Juniors take part in division meetings and are involved in a broad range of fun activities where they learn about the history, customs, music, dance and songs of their Irish heritage.

They engage in Catholic action projects and charitable works aimed at helping their Church and community.

Possible activities include

- food drives, car washes
- making and selling crafts for LAOH bazaars and fundraisers
- visiting nursing homes, veterans' homes, schools and other sites to show their Irish pride
- tending memorial gardens
- marching and bearing flags in St. Patrick's Day Parades, at special Masses, and other events sponsored by adult divisions

- travel to sites to learn about Irish history and enjoy local attractions.
- Participate in the National LAOH Scrapbook
- Irish History Writing Contests with prizes.

As they work together, the girls create friendships, learn important values, and build leadership skills.







### MOTTO

"Friendship, Unity and Christian Charity."

# **PATRON SAINT**

The Juniors' Patron Saint is St. Brigid of Kildare, a role model of prayer and charity toward all.

# **HOW DO I JOIN?**

For more information about joining a Junior Division of the Ladies Ancient Order of Hibernians, Inc. contact:

Insert local contact info

NOTE: All adults working with Junior Divisions are trained in the "Protecting God's Children" program through their local Diocesan office.

WE CAN'T WAIT TO MEET YOU!





IRISH-AMERICAN

**CATHOLIC WOMEN** 

AND

**GIRLS** 

ON THE GO!

Céad Míle Fáilte

A HUNDRED THOUSAND WELCOMES!

**LADIES** 

ANCIENT

ORDER OF

HIBERNIANS, Inc.



**JUNIOR DIVISION**